How Common Is ADHD and Medication Use?

by NEWLIFEOUTLOOK TEAM

Our Children's Diagnosis and ADHD Medication Use

While medication will help children's attention, it's important to encourage organizational or focus techniques for when the medication wears off or to stand in place of medication once the child learns to adjust. Helpful items may include sitting down and creating a calendar for your child. A great place to start would be to create a treatment schedule with checkboxes that children can tick when they've completed their treatment. Once you've developed a few organizational tools: treatment schedule, morning routine guide, homework planner, or any other tool, encourage your child to develop a tool with your help. Eventually, children should be developing their own tools based upon what they know about what works for them.

ATTENTION-DEFICIT/HYPERACTIVITY DISORDER AND OUR CHILDREN



6.4 MILLION DIAGNOSED

In 2011-12, 6.4 million U.S. children (11% of all 4-17 year olds) had been diagnosed with ADHD by a healthcare provider at some point in their lives.*

↑ 42% INCREASE IN DIAGNOSES

FROM 2003-04 TO 2011-12



3.5 MILLION TAKING MEDICATION

In 2011-12, 3.5 million U.S. children (6% of all 4-17 year olds) were taking medication for ADHD.*

↑ 28% INCREASE

IN MEDICATION USAGE FROM 2007-08 TO 2011-12

*These reports are from a survey of parents of children 4-17 years of age.

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Centers for Disease Control and Prevention

If you have concerns about your child and ADHD, complete a checklist about their behavior and bring it to your child's healthcare provider: www.cdc.gov/adhd