



## How Common Is ADHD and Medication Use?

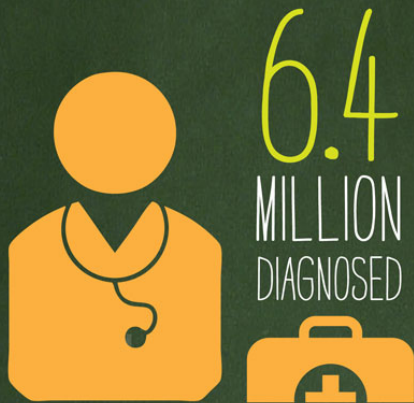
by NEWLIFEOUTLOOK TEAM

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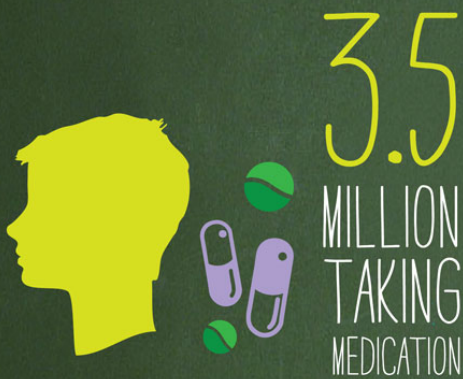
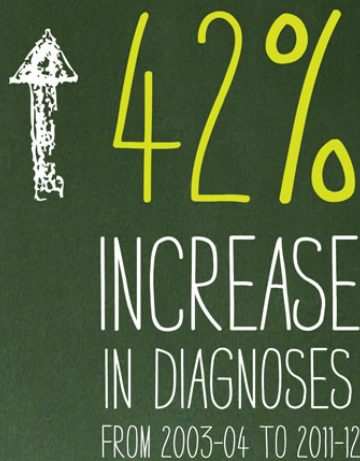
### Our Children's Diagnosis and ADHD Medication Use

While medication will help children's attention, it's important to encourage organizational or focus techniques for when the medication wears off or to stand in place of medication once the child learns to adjust. Helpful items may include sitting down and creating a calendar for your child. A great place to start would be to create a treatment schedule with checkboxes that children can tick when they've completed their treatment. Once you've developed a few organizational tools: treatment schedule, morning routine guide, homework planner, or any other tool, encourage your child to develop a tool with your help. Eventually, children should be developing their own tools based upon what they know about what works for them.

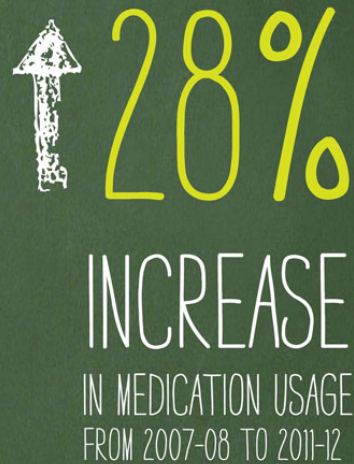
# ATTENTION-DEFICIT/HYPERACTIVITY DISORDER AND OUR CHILDREN



In 2011-12, 6.4 million U.S. children (11% of all 4-17 year olds) had been diagnosed with ADHD by a healthcare provider at some point in their lives.\*



In 2011-12, 3.5 million U.S. children (6% of all 4-17 year olds) were taking medication for ADHD.\*



\*These reports are from a survey of parents of children 4-17 years of age.

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U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention

If you have concerns about your child and ADHD,  
complete a checklist about their behavior and bring it  
to your child's healthcare provider: [www.cdc.gov/adhd](http://www.cdc.gov/adhd)